

Rotary



Club of Eugene

President's Message

Hello Team Rotary!

Hope you had a great weekend. I was sorry to miss the Buford park event. I planned to be there between tennis games but after the first round at 9 am, I was not feeling well and had to lie down before playing in a match at noon. It was a beautiful day though and I trust a lot of hard work and fun was had by all.

As for the tennis, well, it keeps me busy. There are a lot of similarities with playing in a competitive match with life itself. First, you meet some strangers. Second, you have to assess how to react towards them. Should I move slowly and lob? Should I be aggressive and hit hard down the middle? If they make a bad call, will I complain or will I accept their verdict? Just as we know the world is not always just and kind, so it is with a competitive game. But, knowing that we are not going to hit the pro circuit anytime soon, we try our best to be gracious and kind towards each other. We at least pretend to enjoy playing with one another. Just like in real life, when we lose, we feel we let our teammates down and when we win, we feel elated. We feel that we contributed to the advancement of the home team. We fought and won.

And so it was, my partner Sharon and I went to battle on Saturday and again on Sunday. In our first match, we breezed through the first set 6-2. Easy peasy. But then the psychological head games start. The concentration drops. Errors increase. The pressure is on. We lost the second set 6-1. Oh no! This cannot happen. Will we allow our struggles to overwhelm us or will we overcome? We are better than this. In the tie break, we brought back our A game and pulled off the win. Phew, if the team loses overall, it's not because of us. We did our part. The team won 2-1. Life is good.

On Sunday, the match moved to Salem. The two ladies we played looked....well, short. There was shorty and slightly less shorty. Hard to be good at the net when you're only 5 feet tall. We got this. But shorty was a spitfire. She ran down every ball and slammed it at our feet. It was tied 3-3 in the first set. Raquel has a brilliant idea. Don't hit it to shorty. Hit to slightly less shorty on the other side or lob over shorty. Raquel has no qualms about seeking the easy path to victory. And she's right. They did not get another game off of us. Shorty was frustrated as Raquel perfectly lobbed it over her miniature frame time after time. Less shorty lobbed it back from the back line, just to where Sharon was strategically standing ready to slam it back. Game over with time to spare. If only life was always this easy.

And so we continue to progress. In Rotary, we are all on the home team. Our team may struggle at times but we are always advancing and encouraging our teammates along the way. Such is the way of life.

Have a good week everyone!

Raquel

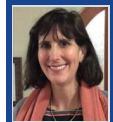
Club Meeting

Eugene
Meets at Graduate Eugene
(541) 342-2000
6th and Pearl 66 East 6th
Street
Eugene, OR 97401
Time: Tuesday at 12:15 PM

Events

No Events found

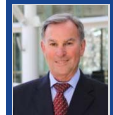
Club Leaders



[Raquel E. Hecht](#)
President



[Elizabeth A. Ness](#)
President - Elect



[Ronald Terry Gietter](#)
Secretary



[Erik Peter Gribskov](#)
Club Admin
Chair
Club Executive
Secretary



[Todd Anderson](#)
Treasurer



[Lynne Grilley](#)
Club Director
Membership
Chair



[David A. Frosaker](#)
Rotary
Foundation
Chair



[Ravitej Singh Khalsa](#)
Public
Image/Relations
Chair



[Robert Scott Impecoven](#)
Attendance
Secretary

[Philip Holt Barnhart](#)



October 19th Meeting Program: PakTech with Brandon Rogers, CEO

PakTech has a real handle on recycling.

Since its founding in 1991, PakTech has grown to become an industry leader in using recycled HDPE plastic to create 100% recyclable packaging handles and automated application equipment.

PakTech has been serving all leading food, beverage, and consumer goods manufacturers with handles and equipment for over two decades. Who uses PakTech? From club stores and leading brands to craft manufacturers of all types,

You've seen this packaging practically everywhere now. View this Eugene home grown leader in recycle plastic products this Tuesday at the Rotary meeting on Zoom.



October 26th Meeting Presentation: Environmental Dangers of Red Meat Industry

With Dr. Michael Martin from the University of California, San Francisco (UCSF).

Dr. Martin is very active in the effort to combat climate change. In looking at the main drivers of climate change, he realized that red meat is a huge contributor to greenhouse gas production.



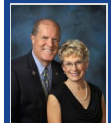
Club Director



Robert L. Hart
Club Director-
Communications



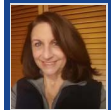
Peter M Knight-Sheen
Club Director



Richard K Olson
CCO-Club
Communications
Offcr



Craig A. Smith
Club Director



Monica Wilton
Club Director



Tom Gilmour
iPast President



Erik Peter Gribskov
Assistant
Governor

Birthdays

Jim Mender
October 19th
Jeffrey John Ogburn
October 19th
James E. Barta
October 24th
Morgan H Simmons
October 24th
Michael Syman-Degler
October 28th
Peter M Knight-Sheen
October 30th
Darryl Lynn Larson
November 1st
Mark G. McGinley
November 3rd
Richard Scott Forrest
November 8th
Marshall L Wilde
November 16th

Years of Service

Richard K Olson

Some scientists believe that, on a worldwide basis, red meat causes more greenhouse gases than do all vehicles. Reducing red meat consumption is the single most important thing most people can do to reduce their carbon footprint.

Red meat has also been associated with a wide variety of adverse health outcomes, including breast cancer, prostate cancer, colon cancer, diabetes, stroke, kidney disease, and many other conditions. Thus, red meat is neither good for us nor our planet.

When Dr. Martin recognized the problems associated with red meat, he started an organization called Physicians Against Red Meat (PhARM). The group's website (pharm.org) highlights the deleterious health and climate impact of red meat.



11-10-1986
35 Years
Michael Grudzien
10-31-1996
25 Years
Leonard H. White
11-05-1996
25 Years
Michael Syman-Degler
10-24-1999
22 Years
Craig Opperman
10-26-2004
17 Years
Robert McOmie
11-12-2007
14 Years
Erik Jorgensen
11-10-2009
12 Years
Michelle Price
10-28-2014
7 Years
Ken Vendley
10-27-2015
6 Years
Peter M Knight-Sheen
11-01-2016
5 Years
Maxine Proskurowski
11-05-2019
2 Years

Zoom Meeting Link

Zoom Meeting One Click Link

<https://us02web.zoom.us/j/83908618864?pwd=Ly85Skc3NXhoVTZGOTZjeGpCWGI2dz09>

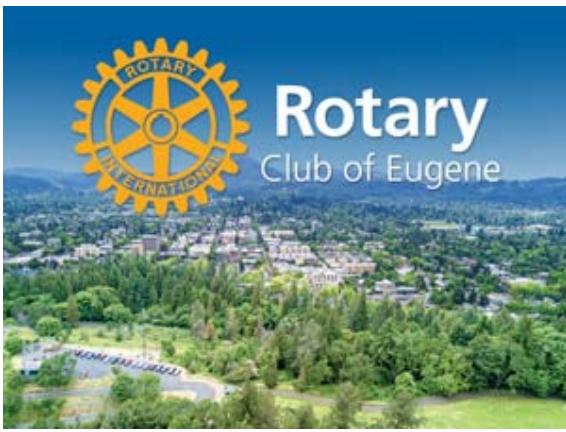
Meeting ID: 839 0861 8864

Passcode: 695590



Upcoming November Programs

Novembers' upcoming programs include Oregon Community Foundation, The Rotary Foundation, Oregon House Bill 2001, Eugene Emeralds Baseball plus Sustainable Development with Mo.



Covid Clinic Update

Soon be all hands on deck again for Rotary Covid Service.

Our partnership with Lane County continues as we work to immunize our neighbors. Currently there are two main clinics at Lane Event Center and Riverbend Annex plus several pop up clinics around town each week. We need volunteers, and will need more very soon as Moderna and J&J are approved for booster doses. And PLEASE remember children will be eligible, probably in the next couple weeks, and then it will be all hands on deck. You must complete our vetting process and be fully vaccinated. Please join us!

Liz Ness President-elect beans 1259@aol.com

Pete Gribskov Assistant Governor petelauriegribskov@comcast.net



Environmental Committee

First environmental project a great success on a delightful day in a beautiful garden.

The Environmental Committee held a work project Saturday morning at the Buford Park Native Plant Nursery. This nursery grows native plants for park habitat restoration and provides them to other organizations doing similar projects. Janelle McCoy, Executive Director of The Friends of Buford Park and Mt. Pisgah, and a member of our committee organized the project. Fifteen Rotarians from three local clubs were divided into three groups, one spread compost over a plot of plants, one did weeding in another plot, and the third did potting of plants. We enjoyed a beautiful blue sky autumn morning working together and learning about the native plant nursery.



Community Service

Food for Lane County!

We still need 3 more members to help out at Food for Lane County on Wednesday October 20th from 6-8:30 pm at the 770 Bailey Hill Road site. This is always a lot of fun and an opportunity for Red Badge members to cross off their community service requirement. Feel free to bring your significant other - the more, the merrier! Please contact Jennifer Geller at jennifergeller65@gmail.com to let her know you'll be there, or sign up online at https://docs.google.com/spreadsheets/d/1S_o5IKluHBXGCeomEEaywonUDooqIL94Luyh1KyggVI/edit?usp=sharing



Community Service Meeting

The October Community Service Committee meeting will be Tuesday October 19th at 11:15 am on Zoom, details to follow. Please let me know if you have any items for the agenda, and feel free to invite other members interested in joining us.

Eugene Rotary through the years

And who is responsible for all those drone shots? Jeff and his sneaky air ships.



Environmental Committee message

Environmental Committee Chair Dr. Dick Barnhart with a message about the new focus for Eugene Rotary and Rotary International on the environment.

<https://vimeo.com/634962414>



Rotary Club of Eugene

Rotary is an organization of business and professional leaders united worldwide who provide humanitarian service, encourage high ethical standards in all vocations, and help build goodwill and peace in the world.

Rotary club membership represents a cross-section of the community's business and professional men and women. The world's Rotary clubs meet weekly and are nonpolitical, nonreligious, and open to all cultures, races, and creeds.

Rotary membership provides the opportunity to: Become connected to your community. Work with others in addressing community needs. Interact with other professionals in your community; assist with RI's international humanitarian service efforts. Establish contacts with an international network of professionals. Develop leadership skills. Involve family in promoting service efforts.

Eugene Rotary Celebrating 100 Years March 2023!



Zoom -New Link

Automatic link: Click to link. If using the link, no password is required.

<https://us02web.zoom.us/j/83908618864?pwd=Ly85Skc3NXhoVTZGOTZjeGpCWGI2dz09>

Meeting ID: 839 0861 8864

Passcode: 695590

One tap mobile

[+16699009128](tel:+16699009128), [83908618864#](tel:+183908618864), ..., *695590# US (San Jose)

[+12532158782](tel:+12532158782), [83908618864#](tel:+183908618864), ..., *695590# US (Tacoma)

Dial by your location

[+1 669 900 9128](tel:+16699009128) US (San Jose)

[+1 253 215 8782](tel:+12532158782) US (Tacoma)

[+1 346 248 7799](tel:+13462487799) US (Houston)

[+1 646 558 8656](tel:+16465588656) US (New York)

[+1 301 715 8592](tel:+13017158592) US (Washington DC)

[+1 312 626 6799](tel:+13126266799) US (Chicago)

Meeting ID: 839 0861 8864

Passcode: 695590

Find your local number: <https://us02web.zoom.us/j/83908618864?pwd=Ly85Skc3NXhoVTZGOTZjeGpCWGI2dz09>
